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January 28, 2010

**Welcome to HIP's webinar on
“Using the WASH Training Package”**

Presented by **Elizabeth Younger**, HIP senior behavior change advisor, with **Mike Favin**, vice president, and **Christina Fontecchio**, behavior change communication specialist, the Manoff Group

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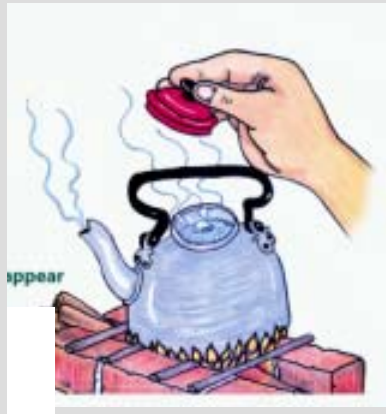


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Using the WASH Training Package

What it is, what it isn't and how to use it!



Water



Hand Washing



Feces



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What Is the Water, Sanitation and Hygiene (WASH) Training Package?

- Resource for training/supporting outreach workers to improve 3 hygiene behaviors:
 - safe water use and storage
 - safe feces handling
 - hand washing
- Three components:
 - Part I: Guide for **Training** Outreach Workers
 - Part II: Outreach Workers **Handbook**
 - Part III: Collection of **Resource Materials**
- Designed from a global perspective, but is customizable



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How Was the WASH Training Package Developed?

- Extensive review of existing materials
- Taking best practices from existing materials
- First draft produced
- Expert review
- Field tests
 - Zambia (ChildFund International) and
 - Southern Sudan (Medair)
- Final draft produced
- Final edits/layout and production
- Global release October 2009



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Who Should Use the WASH Training Package?

- Program managers of community-based programs
 - Currently doing WASH activities or
 - Want to add WASH to activities
- Trainers seeking a step-by-step guide for training outreach workers in WASH
- Type of organizations:
 - International NGOs
 - Local NGOs
 - CBOs, FBOs
 - Governments

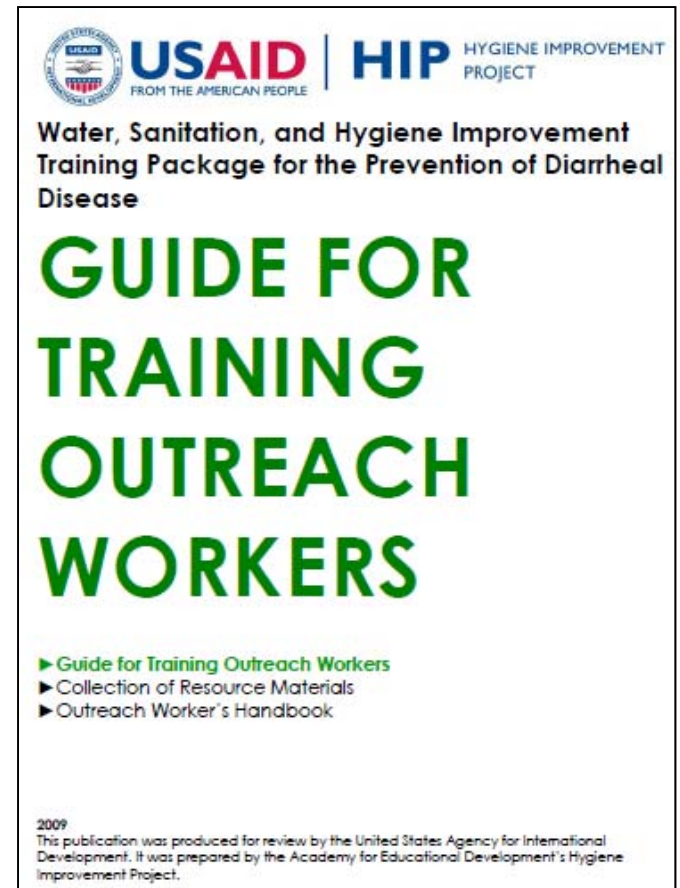


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Part I: Guide for Training Outreach Workers

- For trainers
- Uses adult-learning principles
- Participatory techniques
- Train in skills rather than simply knowledge
- Modular to allow flexibility in use





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Modules in Guide for Training

- Introduction
- Module 1: Introductory Activities
- Module 2: Making Water Safe to Drink
- Module 3: Hand Washing
- Module 4: Handling Feces
- Module 5: Interpersonal Communication
- Module 6: Action Planning
- Module 7: Tracking Progress
- Appendices



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Guide for Training – Contents

INTRODUCTION

 WORKSHOP MATERIALS

 MENU FOR SELECTING WHICH SESSION TO DO

MODULE 1: INTRODUCTORY ACTIVITIES

 SESSION 1: ORIENTATION TO THE TRAINING WORKSHOP

 SESSION 2: INTRODUCTION TO WASH

 SESSION 3: ROLE OF THE OUTREACH WORKER

 SESSION 4: KEY PRACTICES FOR PREVENTING DIARRHEA

 SESSION 5: CONTAMINATION CYCLE

MODULE 2: MAKING WATER SAFE TO DRINK

 SESSION 1: PRETREATMENT

 SESSION 2: CHLORINATION

 SESSION 3: BOILING WATER

 SESSION 4: SODIS METHOD

 SESSION 5: FILTRATION

 SESSION 6: TRANSPORTING, STORING, AND RETRIEVING WATER

 SESSION 7: HELPING FAMILIES CHOOSE

 SESSION 8: WATER SYNTHESIS

MODULE 3: HAND WASHING

 SESSION 1: HOW TO WASH OUR HANDS

 SESSION 2: WHEN TO WASH OUR HANDS

 SESSION 3: HOW MUCH WATER DOES IT TAKE TO WASH YOUR HANDS WELL

 SESSION 4: BUILDING A TIPPY TAP



Guide for Training – Contents (continued)

MODULE 4: HANDLING FECES

- SESSION 1: THE FECAL-ORAL ROUTE
- SESSION 2: PROPER FECES DISPOSAL
- SESSION 3: LATRINE BASICS

MODULE 5: INTERPERSONAL COMMUNICATION

- SESSION 1: INTERPERSONAL COMMUNICATION FOR IMPROVED PRACTICES
- SESSION 2: USING DISCUSSION TOOLS AND FACILITATING JOINT PLANNING
- SESSION 3: OPPORTUNITIES/TECHNIQUES FOR HYGIENE PROMOTION

MODULE 6: ACTION PLANNING

- SESSION 1: ACTION PLANNING

MODULE 7: TRACKING PROGRESS

- SESSION 1: USING TOOLS TO TRACK AND REPORT PROGRESS

APPENDICES

- APPENDIX 1 – POSSIBLE TASKS FOR OUTREACH WORKER
- APPENDIX 2 – TIPS ON DEMONSTRATIONS, ROLE PLAY, AND GROUP DISCUSSION
- APPENDIX 3 – SELF-ASSESSMENT FORM
- APPENDIX 4 – SAMPLE QUESTIONS AND EVALUATION TEMPLATES
- APPENDIX 5 – WEBSITES/LINKS
- APPENDICES 6–8 – HALF-DAY, ONE-DAY, AND THREE-DAY SAMPLE WORKSHOPS



Snapshot: Guide for Training Outreach Workers

SESSION AT A GLANCE: How to Wash Our Hands

Activity	Time	Materials
A. Introduction Trainer introduces the topic of hand washing and presents the objectives.	5 minutes	- Flipchart, tape, markers - Poster
B. Climate Setter Trainer, using drawings, gets the participants to think about dirty and clean hands.	5 minutes	- Two drawings: dirty hands and clean hands
C. Demonstration 1 Trainer shows dirty hands and correct washing procedures.	10 minutes	- Pitcher of water - Tub of water - Soap - Tub of mud
D. Demonstration 2 How hands can carry germs from one person to another.	5 minutes	None
F. Reading, Drawing Conclusions, and Summary	10 minutes	- <i>Outreach Worker's Handbook</i> - Prepared page with key points for summary

 **35 minutes**

- Each module broken into sessions
- Each session starts with “at a glance” chart for the trainer



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Snapshot: Guide for Training Outreach Workers

C. Demonstration One (10 minutes)

1. Invite one volunteer to participate in an exercise without saying what that exercise will be.
2. Have the volunteer stand in front of the room so everyone can see him or her and have the volunteer put hands in the tub of mud that you have uncovered.
3. Ask the volunteer to make sure that his/her hands are covered with mud.
4. Then ask the volunteer to smell hands and say what it smells like.
5. Then ask the volunteer to look closely at his/her hands and describe the feeling of having dirty hands.
6. Again, so everyone can see and follow along, have the volunteer wash his/her hands as s/he would normally. Ask the participants to be sure to watch everything that the volunteer does.
7. Now ask the volunteer to describe how his/her hands smell and feel.
8. Then ask the participants to tell you what steps the volunteer followed during the hand washing.
9. Record these on a flipchart. Have a discussion about what they might do differently from what the volunteer did while washing: "Which steps might be missing?" "What would you do differently?"

- Step-by-step instructions for each activity or exercise



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Snapshot: Guide for Training Outreach Workers



Trainer Note:

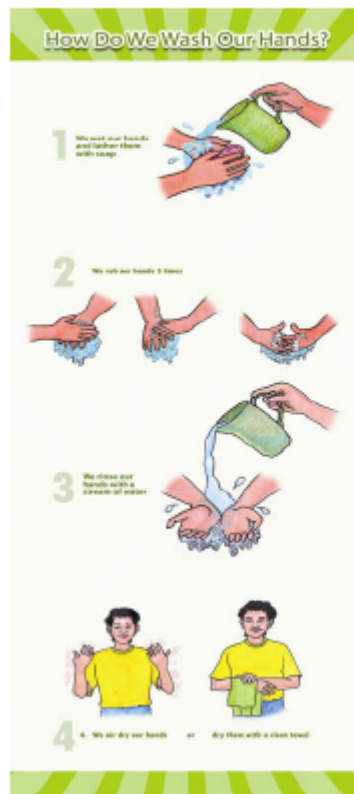
The idea here is to have a list of steps for hand washing generated by the volunteer and the participants, which you can then compare with the poster. The end product will be a "corrected" list of steps generated first with input from the participants and the volunteer and then supplemented with information from the poster and facilitator.

- Trainer's notes throughout guide
- Ensure clarity ("cheat sheet")
- Streamline the formatting



Snapshot: Guide for Training Outreach Workers

1. Show the “How Do We Wash Our Hands?” poster. Review the steps on the poster. Compare the poster with the list of steps generated by the volunteer and the participants.



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- Visual aids incorporated throughout
- More visuals found in Collection of Resource Materials

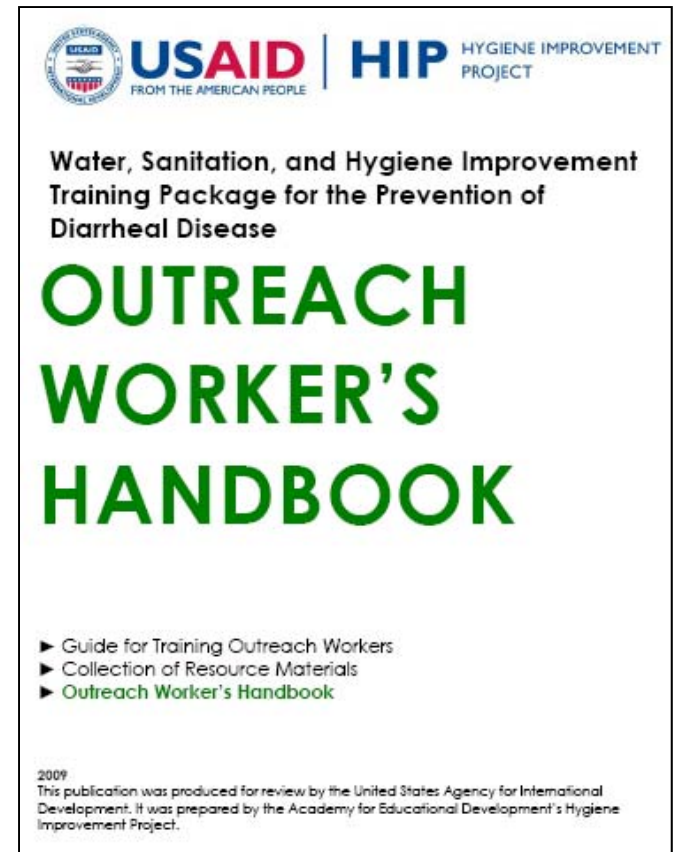


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Part II: Outreach Worker's Handbook

- For Outreach Worker
- During Training:
 - Technical Info
 - Documenting learning
 - Training Handouts
- After Training:
 - Reminder Technical Info
 - Tips/forms for planning community activities
 - Job aids





Snapshot: Outreach Worker’s Handbook

<p>Introduction</p> <ul style="list-style-type: none"> A. Purpose of the Handbook During and Following the Training..... B. Objectives and Self Assessment C. Some Guidance for WASH Statistics D. WASH Tasks for an Outreach Worker..... <p>WASH Information</p> <ul style="list-style-type: none"> A. Key Points on Hand Washing, Feces Disposal, and Water Treatment.... B. Question and Answer Section..... C. Key Points about Water Treatment Methods D. Sanitation Ladder E. Latrine Information..... F. Interpersonal Communication Checklist..... G. Steps in the Joint Planning Process for Improving WASH Practices H. More Information on Interpersonal Communication <p>Behavior Change Planning Forms</p> <ul style="list-style-type: none"> A. Planning Form for Water B. Planning Form for Hand Washing..... C. Planning Form for Feces Disposal..... 	<p>Job Aids</p> <ul style="list-style-type: none"> A. Discussion Tools B. The Contamination Cycle..... C. Illustrations of Various Filtration Methods D. How Do We Take Care of Our Water..... E. How Do We Wash Our Hands Poster..... F. When Do We Wash Our Hands Poster G. Building a Tippy Tap..... H. Feces Management Poster <p>Opportunities/Techniques for Joint Planning</p> <ul style="list-style-type: none"> A. Tips on Conducting Promotional Activities in the Community B. Self-Assessment Form for Outreach Workers <p>Data Management</p> <ul style="list-style-type: none"> A. Family Data Tracking Sheet..... B. Data Consolidation Sheet C. Bar Graphs..... D. Data Tracking Sheets..... <p>Space for Reflections/Conclusions.....</p> <p>Websites/Links</p>
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- Designed around concept, rather than module
- Easy reference once training is over

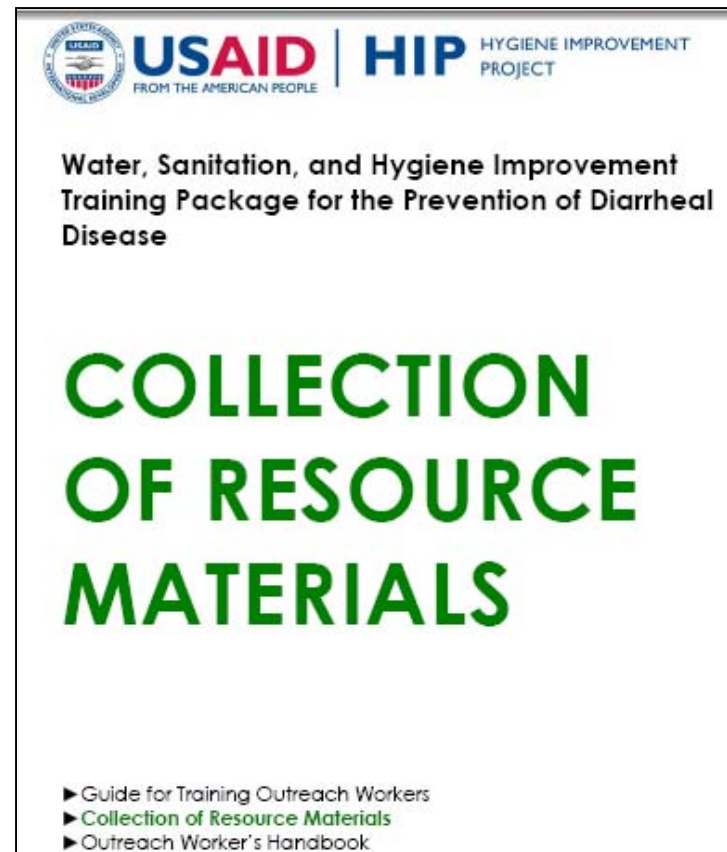


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Part III: Collection of Resource Materials

- Visual aids from around the world
- Program manager/trainer select
 - Use “as is”
 - Adapt to local conditions
 - Use as guide for designing new aids
- Info on customizing visual aids
- References to other resources
 - PHAST, CLTS
 - Other training techniques
 - Program guidance





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Snapshot: Collection of Resource Materials

Module 3: Hand Washing

Session 1: How to Wash Our Hands

- a) [How Do We Wash Our Hands Poster](#)
- b) [How To Wash Your Hands](#)
- c) [Where to Put Hand Washing Supplies Counseling Card](#)
- d) [How to Wash Hands Counseling Cards](#)

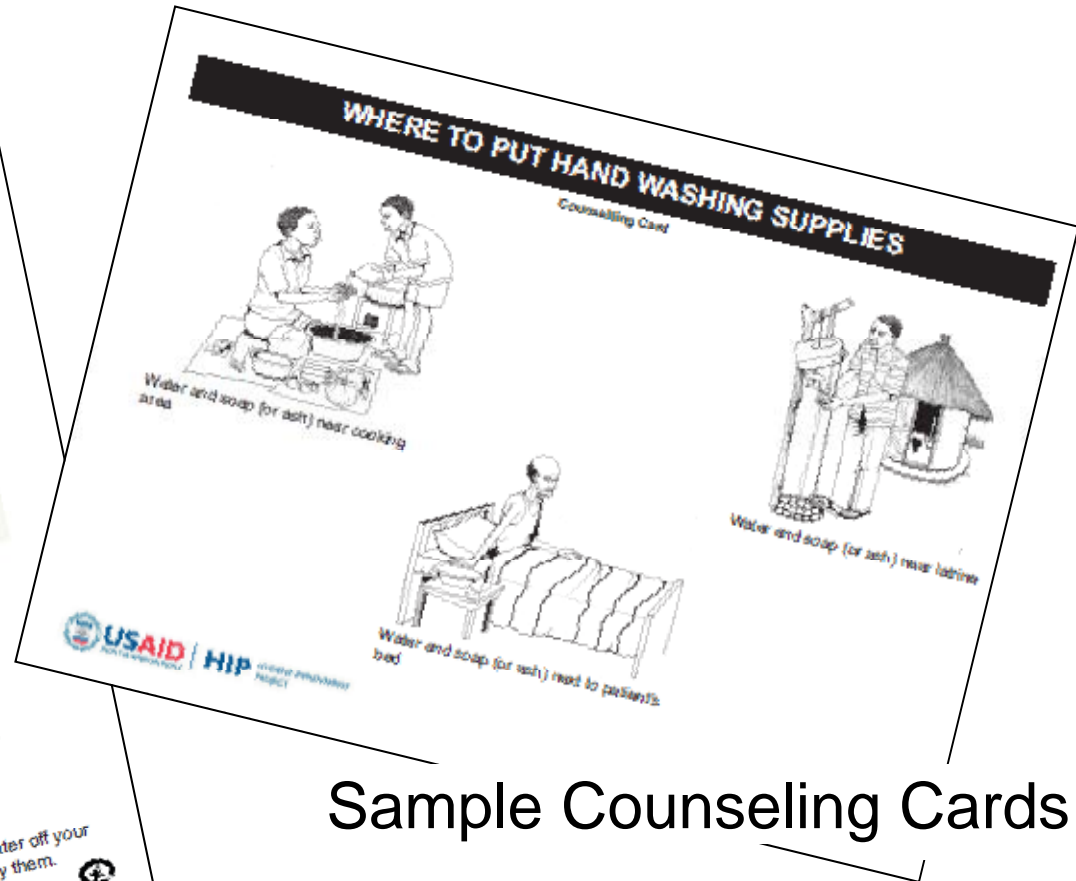
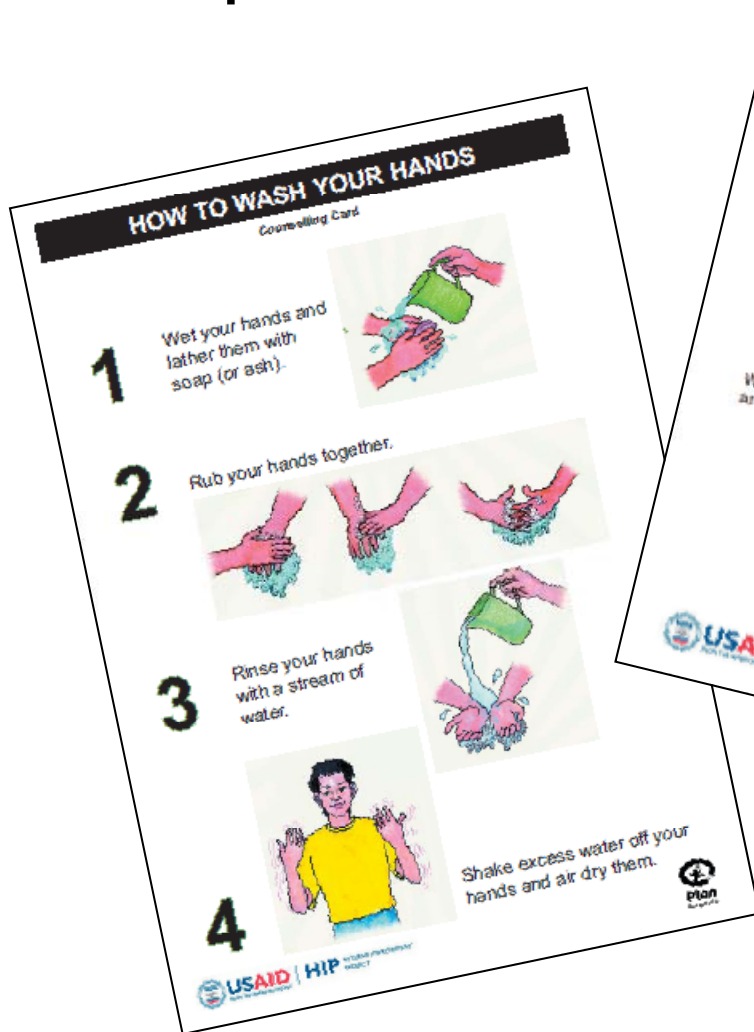
Each module has a set of visual aids and resource materials



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Snapshot: Collection of Resource Materials



Sample Counseling Cards



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What the WASH Training Package is NOT?

- It is NOT a program guide
 - Not a resource for creating a hygiene program
 - It is a resource for training outreach workers
- It is NOT a resource for all hygiene activities
 - Only covers safe water use and storage, safe feces handling and hand washing
- It is NOT a training guide for WASH activities for schools
- BUT, → Collection of Resource Materials CAN direct you to info on:
 - program development -- other hygiene practices
 - WASH in schools



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Get the WASH Training Package!

- OPTION 1: **Download**
 - By module or entire document at once
 - Word or PDF files
 - Go to: <http://www.hip.watsan.net/page/3396>
- OPTION 2: **Request a free CD**
 - Email: hip@aed.org
- Ask questions:
 - Elizabeth Younger; email: eyounger@aed.org
- **See/hear this presentation again:**
 - <http://www.hip.watsan.net/page/4105>



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**Join us for our next webinar on
March 2, 2010 at 10am EST (Eastern Standard Time)**

**“Indicators to Measure Access and Behavioral
Outcomes for Water, Sanitation and Hygiene
Programs”**

Presented by Orlando Hernandez,
HIP monitoring and evaluation specialist